

Monday



Multi Sports Academy Schedule

Session	5-7 year olds	8+ year olds
8am - 10am	Optional Early Drop Off Structured games and activities	
10am - 10.15am	Registration and Introduction	Registration and Introduction
10.15am - 10.30am		
10.30am - 11.15am		
11.15am - 11.30am	15 minute break	
11.30am - 12.30pm		
12.30pm - 1.30pm	Lunch time	
1.30pm - 2.30pm		
2.30pm - 2.45pm	15 minute break	
2.45pm - 3.45pm		
3.45pm - 4pm	Presentation	Presentation
4pm - 6pm	Optional Late Pick Up Structured games and activities	



Tuesday



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