

# Monday



## Multi Sports Academy Schedule

Session	5-7 year olds	8+ year olds
8am - 10am	<b>Optional Early Drop Off</b> Structured games and activities	
10am - 10.15am	Registration and Introduction	Registration and Introduction
10.15am - 10.30am		
10.30am - 11.15am		
11.15am - 11.30am	<b>15 minute break</b>	
11.30am - 12.30pm		
12.30pm - 1.30pm	<b>Lunch time</b>	
1.30pm - 2.30pm		
2.30pm - 2.45pm	<b>15 minute break</b>	
2.45pm - 3.45pm		
3.45pm - 4pm	Presentation	Presentation

# Tuesday



## Multi Sports Academy Schedule

Session	5-7 year olds	8+ year olds
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10am - 10.15am	Registration and Introduction	Registration and Introduction
10.15am - 10.30am		
10.30am - 11.15am		
11.15am - 11.30am	<b>15 minute break</b>	
11.30am - 12.30pm		
12.30pm - 1.30pm	<b>Lunch time</b>	
1.30pm - 2.30pm		
2.30pm - 2.45pm	<b>15 minute break</b>	
2.45pm - 3.45pm		
3.45pm - 4pm	Presentation	Presentation

# Wednesday



## Multi Sports Academy Schedule

Session	5-7 year olds	8+ year olds
8am - 10am	<b>Optional Early Drop Off</b> Structured games and activities	
10am - 10.15am	Registration and Introduction	Registration and Introduction
10.15am - 10.30am		
10.30am - 11.15am		
11.15am - 11.30am	<b>15 minute break</b>	
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3.45pm - 4pm	Presentation	Presentation