



# Level 5 Certificate in Primary School Physical Education Specialism (QCF)

## Raise the standards of PE and sport in your school

Aspire Training Solutions are recognised as leading providers of innovative training programmes and qualifications to primary schools, that inspire teachers, school support staff, coaches and parents to help engage children in physical activity.

We are recognised and approved by the Association for Physical Education (afPE) Professional Development Board for assuring high quality learning, teaching and coaching for PE and school sport professionals.

### The Qualification

The **Level 5 Certificate in Primary School Physical Education Specialism (QCF)** is a new bespoke primary school physical education qualification developed by afPE and Sports Leaders UK (SLUK), hosted by Aspire Training Solutions and delivered by a team of primary physical education experts.

### What will I achieve from this qualification?

Professional learning is essential for you to develop confidence and improve your skills to improve the overall delivery of the PE curriculum in your school. On successful completion, delegates will be able to assist in raising the standards within primary school PE teaching.

### Prerequisites

This qualification is open to teachers, higher level teaching assistants, teaching assistants\* and coaches (who assist teachers in their PE teaching)\*\* to assist in raising standards within primary school education.

\* Teaching assistants must have extensive experience in supporting teachers across all years and key stages in delivering PE.

\*\* Must have a minimum of five years experience of assisting teachers across Key Stage 1 and 2. Coaches are required to have a minimum of a Level 2 qualification in any sport they assist the teachers with.

### Assessment methods

Likely assessment methods could include:

- Verbal or written questioning of underpinning knowledge
- Work completed during the course
- Performance of set tasks
- Simulation
- Photographic and video evidence

### Delivery

The qualification is delivered by primary school physical education experts and subject specialists including **Crichton Casbon** (PE consultant, Specialist Education Advisor at Sport England and former Special Advisor to the QCA on PE).

### Progression

On successful completion of this qualification, primary school teachers can progress on to the Level 6 Award in Primary School Physical Education Subject Leadership.

## Course content

The qualification is made up of 45 guided learning hours through tutored learning, the sharing of best practice and interactive practical workshops including dance, swimming, gymnastics and outdoor education.

Units of Qualification	Guided Learning Hours	Credits
Understanding primary school physical education	9	2
Principles of pedagogy in primary school physical education	9	2
Planning for continuity and progression in primary school physical education	9	3
Using assessment to impact on learning and progress in primary school physical education	9	3
Teaching primary school physical education	9	4
<b>Total</b>	<b>45</b>	<b>14</b>

## Specific course information

**Date:** Tuesday 30th January - 9am - 4pm (Aspire Sports Offices, Birmingham B24 9PB)  
Wednesday 31st January - 9am - 4pm (Westminster Primary, Birmingham B20 3PN)  
Wednesday 28th February - 9am - 4pm (Westminster Primary, Birmingham B20 3PN)  
Thursday 1st March - 9am - 4pm (Westminster Primary, Birmingham B20 3PN)  
Thursday 22nd March - 9am - 4pm (Westminster Primary, Birmingham B20 3PN)  
Friday 23rd March - 9am - 4pm (Aspire Sports Offices, Birmingham B24 9PB)

**Timings:** Each day runs from 9am - 4pm

**Cost:** £1150 (includes SLUK delegate registration fee of £175)

Remember that your Primary PE and School Sport Premium is an effective and sustainable way to pay for this qualification. If your school is concerned about the cost of releasing you to attend the course then the premium can also be used to pay for your cover.



To book a place  
or for further information  
please contact a member of our team

Call 0330 223 2956 or  
email: [hello@aspiretrainingsolutions.co.uk](mailto:hello@aspiretrainingsolutions.co.uk)

[www.aspiretrainingsolutions.co.uk](http://www.aspiretrainingsolutions.co.uk)

